

## 2024 AMBITION DANCE PRODUCTIONS HAIR & MAKEUP INSTRUCTIONS

### MAKEUP:

- **Ages 8+ Makeup:** Base to match skin tone, blush, neutral eyeshadows (browns), eyeliner on top and bottom, and fake eyelashes. If you prefer not to wear lashes, heavy mascara is also an option. Red Lipstick – we prefer a blue red (shows up better on stage – no dark red/maroon or pinks)
- **Ages 7 and under:** Base is not required; blush for cheeks and red lipstick. Mascara would be great but also understand challenges of putting this on little ones.

**HAIR:** The style that has been chosen for all dances is a slick, center part low bun at the base of the neck (Pictures included at end of document)

- For younger dancers or those with very short hair, try to pull out of face into low pony tail as much as possible
- **HIP HOP CLASSES:** For Hip Hop dances dancers can wear a middle part, low pony tail (hair as smooth as possible). For dancers who have quick changes they can keep in a low bun to help save time between dances.

**Boys:** Hair should be neat and out of face

### MIDDLE PART LOW BUN INSTRUCTIONS:

What you will need:

1. Hair Brush
2. Fine tooth (parting) Hair Comb
3. Hair gel
4. Hairspray
5. Clear or color of hair Ponytail holders
6. Bobby pins matching color of hair
7. Hair net matching color of hair – REQUIRED
8. Toothbrush or other fine brush for spraying fly aways – this is meant to be slick and neat

What to do:

1. For straight and wavy hair, hair should be flat ironed (at least around face and top layer) to create smoother look. For curly hair, can begin with hair wet to create smoother look... unless hair is very thick, curly, or coarse, it typically is best to do with dry, dirty hair to hold.
2. Using the fine tooth comb, create a center split from forehead towards the crown of the head (depending on head size the center part will probably be 3 - 4 inches long). Take your time making adjustments for the part so it is clean and straight. Gel and/or hairspray the part and hair.

3. Smooth the remaining hair into a low tight ponytail at the base of the neck. Add the side part into the ponytail and secure as low and as tight as possible using the ponytail holders, gel, hairspray, and/or bobby pins.
4. Wrap hair from ponytail into a circular bun (in two parts, if necessary) and secure with bobby pins against head while creating. We are not adding the extra piece of hair around it at this time; instead we are trying to secure it closer to the head. Smooth all fly away hairs with gel, hairspray, bobby pins, and the matching hair net. If you feel your child's hair can only stay secured with the use of a "donut" or other, we ask that you minimize the size where possible and secure it to the head to match the others.

The videos below have some helpful hints. Please remember we are doing a larger part than shown in "Middle part low bun tutorial".

<https://youtu.be/GmIQWRgaZHE>

[https://youtu.be/7liW1V3kC\\_M](https://youtu.be/7liW1V3kC_M)

[https://youtu.be/oDrLU35Q\\_LA](https://youtu.be/oDrLU35Q_LA)

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### Sample Hair Pictures



