

2024 Fall Technique Classes

Young Children's Classes

Ages 2.5 - 4

Ballet, Tap, Tumble Combo	Tuesday	10:45 – 11:45 AM	Paige
Ballet, Tap, Tumble Combo	Wednesday	9:30 – 10:30 AM	Paige

Ages 3 - 5

Ballet, Tap, Tumble Combo	Tuesday	4:00 – 5:00 PM	Cara & Mariah
Ballet, Tap, Tumble Combo	Wednesday	4:00 – 5:00 PM	Rylee
Ballet, Tap, Tumble Combo	Thursday	5:00 – 6:00 PM	Cara
Ballet, Tap, Tumble Combo	Saturday	10:00 – 11:00 AM	Paige

Ages 4 - 6

Ballet, Tap, Jazz Combo	Wednesday	10:30 – 11:45 AM	Paige
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Ages 5 - 7

Ballet, Tap, Jazz Combo	Monday	6:00 – 7:00 PM	Cara
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Ages 6 - 8

Tap, Jazz, Musical Theater Combo	Monday	4:00 – 5:00 PM	Cara & Katelyn
Pre-Ballet <i>(Ages 6+)</i>	Monday	5:00 – 6:00 PM	Sarah
Pre-Ballet <i>(Ages 6+)</i>	Tuesday	5:00 – 6:00 PM	Constance
Ballet, Tap, Jazz Combo	Tuesday	5:00 – 6:00 PM	Cara
Ballet, Tap, Jazz Combo	Thursday	4:15 – 5:30 PM	Cara & Paige
Beg/Mini Hip Hop	Thursday	5:30 – 6:00 PM	Paige
Ballet, Tap, Jazz Combo	Thursday	6:00 – 7:00 PM	Cara
Ballet, Jazz, Acro Combo	Friday	5:00 – 6:30 PM	Rylee
Intro to Acro <i>(Ages 6+)</i>	Saturday	10:00 – 10:45 AM	Rylee
Intro to Leaps & Turns <i>(Ages 5+)</i>	Saturday	10:45 – 11:15 AM	Kaylee

Ballet

Pre-Ballet	<i>(Ages 6+)</i>	Monday	5:00 – 6:00 PM	Sarah
Pre-Ballet	<i>(Ages 6+)</i>	Tuesday	5:00 – 6:00 PM	Constance
Level 1	<i>(Ages 7+)</i>	Tuesday	6:00 – 7:00 PM	Constance
Level 1	<i>(Ages 7+)</i>	Thursday	4:00 – 5:00 PM	Sarah
Level 1/2	<i>(Ages 9+)</i>	Monday	4:00 – 5:00 PM	Sarah
Level 1/2	<i>(Ages 9+)</i>	Tuesday	4:00 – 5:00 PM	Constance
Level 1/2	<i>(Ages 9+)</i>	Wednesday	4:00 – 5:00 PM	Constance
Level 2	<i>(Ages 10+)</i>	Monday	6:00 – 7:00 PM	Jeremy
Level 2	<i>(Ages 10+)</i>	Tuesday	7:00 – 8:00 PM	Sarah
Level 2	<i>(Ages 10+)</i>	Wednesday	5:00 – 6:00 PM	Constance

Teen Ballet 2	(Ages 12+)	Tuesday	7:00 – 8:00 PM	Constance
Level 2/3	(Ages 11+)	Monday	4:30 – 6:00 PM	Sean
Level 2/3	(Ages 11+)	Thursday	5:00 – 6:30 PM	Sarah
Int Ballet Barre	(Ages 11+)	Saturday	11:00 – 12:00 PM	Constance
Level 3	(Ages 12+)	Monday	7:30 – 9:00 PM	Sean
Level 3	(Ages 12+)	Wednesday	6:00 – 7:15 PM	Constance
Level 3	(Ages 12+)	Thursday	7:00 – 8:15 PM	Sarah
Level 4	(Ages 14+ or *TA)	Monday	6:00 – 7:30 PM	Sarah
Level 4	(Ages 14+ or *TA)	Tuesday	5:30 – 7:00 PM	Sarah
Level 5	(*TA only 15+)	Monday	6:00 – 7:30 PM	Sean
Pre-Pointe	(Ages 11+ or *TA)	Tuesday	8:00 – 8:30 PM	Constance
Pre-Pointe	(Ages 11+ or *TA)	Thursday	6:30 – 7:00 PM	Sarah
Beginning Pointe	(*TA)	Wednesday	7:15 – 8:00 PM	Constance
Beg/Int Pointe	(*TA)	Thursday	8:15 – 9:00 PM	Sarah

Tap

Level 1	(Ages 7+)	Tuesday	4:15 – 5:00 PM	Rachel
Level 1	(Ages 7+)	Thursday	6:00 – 7:00 PM	Mariah
Level 1/2	(Ages 9+)	Tuesday	5:00 – 6:00 PM	Mariah
Level 1/2	(Ages 9+)	Wednesday	6:00 – 7:00 PM	Mariah
Level 2	(Ages 10+)	Wednesday	7:00 – 8:00 PM	George
Level 2	(Ages 10+)	Thursday	5:00 – 6:00 PM	Mariah
Level 3	(Ages 12+)	Tuesday	8:00 – 8:45 PM	Alyssa
Level 3	(Ages 12+)	Wednesday	7:00 – 8:00 PM	George
Int/Adv Rhythm Tap	(Ages 12+)	Wednesday	8:00 – 8:45 PM	George
Level 3/4	(Ages 13+ or *TA)	Thursday	4:15 – 5:00 PM	Michal
Level 4	(Ages 14+ or *TA)	Wednesday	4:30 – 5:15 PM	George
Level 5	(*TA only 15+)	Wednesday	5:15 – 6:00 PM	George

Jazz / Lyrical

Level 1	(Ages 7+)	Monday	5:00 – 6:00 PM	Cara
Level 1	(Ages 7+)	Tuesday	5:00 – 6:00 PM	Angie L
Level 1	(Ages 7+)	Thursday	4:00 – 5:00 PM	Paige
Level 1/2	(Ages 9+)	Monday	5:00 – 6:00 PM	Paige
Level 1/2 (Technique)	(Ages 9+)	Wednesday	7:00 – 7:30 PM	Rylee
Level 2	(Ages 10+)	Tuesday	6:00 – 7:00 PM	Rachel
Level 2	(Ages 10+)	Wednesday	5:00 – 6:00 PM	Angie
Level 2	(Ages 10+)	Thursday	6:00 – 7:00 PM	Kaylee
Level 2/3	(Ages 11+ or *TA)	Monday	8:00 – 9:00 PM	Jeremy
Level 3	(Ages 12+)	Tuesday	8:00 – 9:00 PM	Sarah
Level 3	(Ages 12+)	Wednesday	7:00 – 8:00 PM	Jeremy
Level 3	(Ages 12+)	Thursday	7:00 – 8:00 PM	Kaylee
Level 3/4	(Ages 13+)	Wednesday	4:15 – 5:00 PM	Angie S

Level 3/4	(Ages 13+)	Thursday	6:00 – 7:00 PM	Summyr
Int/Adv (& Contemporary)	(Ages 14+ or *TA)	Tuesday	4:30 – 5:30 PM	Sarah
Level 4	(Ages 14+)	Wednesday	7:00 – 8:00 PM	Angie S
Level 5	(*TA only 15+)	Wednesday	6:00 – 7:00 PM	Angie S

Leaps & Turns

Level 1	(Ages 7+)	Monday	4:15 – 5:00 PM	Courtney
Level 1	(Ages 7+)	Thursday	5:00 – 6:00 PM	Rylee
Level 1/2	(Ages 9+)	Monday	6:00 – 7:00 PM	Taryn *
Level 1/2	(Ages 9+)	Wednesday	5:00 – 6:00 PM	Rylee
Level 2	(Ages 10+)	Monday	5:00 – 6:00 PM	Taryn
Level 2	(Ages 10+)	Tuesday	5:00 – 6:00 PM	Rachel
Level 2	(Ages 10+)	Thursday	6:00 – 7:00 PM	Paige
Level 2/3	(Ages 11+)	Thursday	8:00 – 9:00 PM	Paige
Level 3	(Ages 12+)	Monday	7:00 – 8:00 PM	Paige
Level 3	(Ages 12+)	Tuesday	6:00 – 7:00 PM	Mariah
Level 3	(Ages 12+)	Wednesday	5:00 – 6:00 PM	Summyr
Level 3/4	(Ages 13+)	Monday	7:00 – 8:00 PM	Madi / Lisa
Level 3/4	(Ages 13+)	Tuesday	7:00 – 8:00 PM	Taya
Level 3/4	(Ages 13+)	Wednesday	5:00 – 6:00 PM	Sarah
Level 4	(Ages 14+)	Wednesday	6:00 – 7:00 PM	Summyr
Level 5	(*TA only 15+)	Wednesday	7:00 – 8:00 PM	Summyr

Musical Theater

Beginning	(Ages 7+)	Wednesday	4:15 – 5:00 PM	Sarah
Beg/Int	(Ages 9+)	Monday	7:00 – 7:45 PM	Taryn
Intermediate	(Ages 10+)	Thursday	4:15 – 5:00 PM	Kaylee
Int/Adv	(Ages 13+ or *TA)	Tuesday	7:00 – 8:00 PM	Rion*
*Effective 10/8				

Contemporary

Beg/Int	(Ages 10+)	Monday	7:00 – 8:00 PM	Courtney
Beg/Int	(Ages 10+)	Wednesday	6:00 – 7:00 PM	Jeremy
Intermediate	(Ages 12+)	Monday	6:00 – 7:00 PM	Courtney
Intermediate	(Ages 12+)	Wednesday	8:00 – 9:00 PM	Jeremy
Int/Adv	(Ages 13+)	Thursday	5:00 – 6:00 PM	Kaylee
Int/Adv (& Jazz)	(Ages 14+ or *TA)	Tuesday	4:30 – 5:30 PM	Sarah
Int/Adv	(Ages 14+ or *TA)	Monday	5:00 – 6:00 PM	Jeremy
Advanced	(*TA only 15+)	Monday	5:00 – 6:00 PM	Courtney

Hip Hop

Beg/Mini	(Ages 6+)	Thursday	5:30 – 6:00 PM	Paige
Level 1	(Ages 7+)	Monday	4:00 – 5:00 PM	Paige

Level 1	(Ages 7+)	Wednesday	6:00 – 7:00 PM	Janya
Level 1	(Ages 7+)	Thursday	5:00 – 6:00 PM	Janya
Level 1/2	(Ages 9+)	Tuesday	6:00 – 7:00 PM	Alyssa
Level 2	(Ages 10+)	Monday	6:00 – 7:00 PM	Paige
Level 2	(Ages 10+)	Tuesday	7:00 – 8:00 PM	Alyssa
Level 2	(Ages 10+)	Thursday	7:00 – 8:00 PM	Janya
Level 3	(Ages 12+)	Wednesday	7:00 – 8:00 PM	Janya
Level 3	(Ages 12+)	Thursday	6:00 – 7:00 PM	Janya
Level 3/4	(Ages 13+)	Tuesday	5:00 – 6:00 PM	Alyssa
Level 4	(Ages 14+)	Wednesday	5:15 – 6:00 PM	Janya
Level 5	(*TA only 15+)	Wednesday	4:30 – 5:15 PM	Janya

Drill Team Prep

Beg	(Ages 7+)	Tuesday	6:00 – 7:00 PM	Taya
Int	(Ages 11+)	Thursday	7:00 – 8:00 PM	Paige
Int/Adv	(Ages 13+)	Monday	8:00 – 9:00 PM	Madi / Lisa
Int/Adv	(Ages 13+)	Tuesday	8:00 – 9:00 PM	Taya
College Team Prep	(Ages 15+ or *TA)	Tuesday	7:00 – 8:00 PM	Haley

Acro & Flexibility

Intro	(Ages 6+)	Saturday	10:00 – 10:45 AM	Rylee
Beg	(Ages 7+)	Wednesday	7:30 – 8:00 PM	Rylee
Beg/Int	(Ages 8+)	Monday	4:15 – 5:00 PM	Jeremy
Beg/Int	(Ages 8+)	Thursday	4:15 – 5:00 PM	Rylee
Int	(Ages 10+)	Monday	8:00 – 9:00 PM	Rylee
Int	(Ages 10+)	Saturday	9:00 – 10:00 AM	Rylee
Int/Adv	(Ages 12+)	Thursday	8:00 – 9:00 PM	Wendy D.

Tumbling

Beg	(Ages 7+)	Saturday	9:00 – 10:00 AM	Georgiana
Int	(Ages 10+)	Tuesday	7:00 – 8:00 PM	Georgiana
Int	(Ages 10+)	Thursday	7:00 – 8:00 PM	Wendy D.
Int	(Ages 10+)	Saturday	11:00 – 12:00 PM	Georgiana
Aerial Skills	(Ages 11+)	Saturday	10:45 – 11:30 AM	Rylee
Int/Adv	(Ages 12+)	Tuesday	8:00 – 9:00 PM	Georgiana